Traditional Tibetan Medicine: Ethics, Spirituality, and Healing

CSPH 5315

Miriam E. Cameron, PhD, MS, MA, RN – Instructor
Tashi Lhamo, Traditional Tibetan Medical Practitioner - Lecturer

2 Credits

Wednesdays, 4:40-6:40 p.m.

Mayo Meditation Room, 3rd Floor Mayo Building

Course Description: This course introduces students to ethics, spirituality and healing from the perspective of traditional Tibetan medicine. Traditional Tibetan doctors believe that illness results from imbalance and that treating illness requires correcting the underlying imbalance. Students will learn how to apply these principles personally, integrate them into clinical practice, and consult with a traditional Tibetan doctor. This course is open to University of Minnesota students and the public.

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