HIN1 Update
A number of H1N1 influenza-like illnesses have been reported on the University's campuses, mainly among students. We are continuing to monitor the situation and will inform members should there services be needed. For up to date information on H1N1 developments go to the 2009 H1N1 webpage at [http://www1.umn.edu/prepared/ahc_prepared/flu/](http://www1.umn.edu/prepared/ahc_prepared/flu/).

MRC ID Badges
U of M MRC identification badges have been made and are ready for distribution to registered members. Members will receive an email with instructions on how to obtain their MRC badge. The badges will be will required for all future MRC deployments.

2009 Deployments

Flu Clinics
Five U of M MRC members assisted Boynton Health Service during the September 16 seasonal influenza clinic. 32 members assisted Boynton Health Service during High Priority seasonal influenza clinics on October 21 and 22. MRC members served as ushers, registration clerks and post-injection area staff. Additional opportunities to assist Boynton Health Service during seasonal and possibly H1N1 immunization clinics will be announced in the coming weeks.

N95 Respirator Fit Testing
The N95 Respirator Fit Testing Strike Team was deployed in August and September. Members of this strike team participated in the fit testing of Student Health Advocates, University Minnesota Police Department officers and Emergency Medical Technicians.

Postal Plan
In June, 18 U of M MRC members assisted the Minnesota Department of Health with the implementation of the Cities Readiness Initiative Postal Plan. Members screened postal workers’ health assessment forms and assembled antibiotic kits.

Spring Flood Response
At the request of the Minnesota Department of Health, three U of M MRC members joined MRC members from around the state to assist in the Red River Valley flood response efforts. Two registered nurses and one emergency medical technician were deployed to assist with the care of displaced nursing home residents at a hospital that received the evacuated residents.
AED Service Project
Four student members have been deployed to assist the University’s Department of Emergency Management in a service project. MRC members assisted with the yearly maintenance updates of approximately 150 Automatic Electronic Defibrillators located on the Minneapolis and St. Paul campuses. The maintenance updates included the changing of expired batteries and pads and running a test cycle.

Training Opportunities

Face to Face Training Sessions

Psychological First Aid Training
All U of M MRC members are strongly encouraged to attend a Psychological First Aid training session in preparation for deployments. The purpose of this course is to equip MRC members to provide psychological support to survivors of critical events (e.g. disasters, accidents, etc.). Behavioral Health Response Strike Team Leader Tai Mendenhall will present the material.

Training objectives include:
- Understand key points of Psychological First Aid (PFA)
- Increase awareness of normal psychological reactions to stress
- Identify strategies to support resilience among responders
- Identify crisis communication techniques with individual disaster survivors and disaster workers

Psychological First Aid Training is offered at the following time:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
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<tbody>
<tr>
<td>Monday</td>
<td>11/23/09</td>
<td>3:30pm-5:30pm</td>
</tr>
<tr>
<td></td>
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<td>Mayo Memorial Building, Room 3-125</td>
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We are requesting RSVP’s for the Psychological First Aid session as a light snack will be provided. RSVP’s will be accepted by Kathy Berlin @ medicalreserve@umn.edu.

Injector Refresher Training
In light of the current H1N1 situation and the potential need for trained injectors, it is essential that we have those MRC members licensed to give injections prepared to assist with immunization clinics should the need arise.

Click on the link below to access the Medical Reserve Corps homepage. Once on the homepage, click on “Member Training” for injector refresher training dates and specifics.

http://www.ahc.umn.edu/about/admin/oer/mrc/

Incident Command Training

This course introduces the Incident Command System (ICS) which is a component of The National Incident Command System (NIMS). This course describes the history, features, principles and organizational structure of the Incident Command System. ICS training is strongly recommended by the National MRC.
Click on the link below to access the Medical Reserve Corps homepage. Once on the homepage, click on “Member Training” for ICS training dates and specifics.

http://www.ahc.umn.edu/about/admin/oer/mrc/

**Member Corner**

Q. I have completed National Incident Management System (NIMS) and Incident Command System (ICS) training. Would you like to be notified of the training I have completed?

A. Yes, when you have completed a course, be it on-line or face-to-face, please email a copy of your certificate of completion to the U of M Medical Reserve Corps at: medicalreserve@umn.edu or send it by fax to 612-626-4704.

We welcome questions and comments from MRC members. Email comments or questions to medicalreserve@umn.edu or call Kathy Berlin, MRC Coordinator at 612-626-4722.

**AHC Office of Emergency Reserve Corps**

**Staff**

<table>
<thead>
<tr>
<th>Jill DeBoer, MPH</th>
<th>Joan Rambeck, MS, RN, CNP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Director</td>
<td>Operations and Training Coordinator</td>
</tr>
<tr>
<td><a href="mailto:jdeboer@umn.edu">jdeboer@umn.edu</a></td>
<td><a href="mailto:rambe026@umn.edu">rambe026@umn.edu</a></td>
</tr>
<tr>
<td>612-625-3958</td>
<td>612-624-2286</td>
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<thead>
<tr>
<th>Elizabeth McClure, MD, MPH</th>
<th>Kathy Berlin, RN, PHN</th>
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<tr>
<td>Medical Director</td>
<td>MRC Coordinator</td>
</tr>
<tr>
<td><a href="mailto:emmcclure@umn.edu">emmcclure@umn.edu</a></td>
<td><a href="mailto:berli034@umn.edu">berli034@umn.edu</a></td>
</tr>
<tr>
<td>612-624-3119</td>
<td>612-626-4722</td>
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**Website:**

http://www.ahc.umn.edu/about/admin/oer/home.html