AHS 1102: Orientation to the Health Sciences is a new, one-credit online course created for undergraduate students who are considering a health science major or profession. The course is online and entirely Internet-based.

Learn more about yourself
By registering for this course you will receive assistance evaluating your vocational interests, values, and behavior styles.

You will have the opportunity to take the Work Behavior Inventory (WBI) which is an on-line questionnaire/inventory designed to provide information about your personal style of behaving at work. It can help you better understand your personal effectiveness and fit with work settings and potential careers.

Students who register for the course also have the opportunity to take the Career Liftoff Interest Inventory (CLII) which is an on-line questionnaire/inventory that assesses the interests of individuals and compares them to the interest profiles of individuals working in various career fields. Students indicate the extent to which they enjoy performing a wide range of activities. Individuals are more likely to be satisfied in a career field if their interest scores are high in that CLII career field.

Greater awareness of your interests, work behavioral styles, and values will help you select a major — and hopefully a future career path.

All assignments and learning modules are designed to help you figure out your career goals. In AHS 1102 there is no busy work. All projects are valuable life lessons that you may refer back to 20 years from now!

One of the most practical assignments from AHS 1102 is to integrate your newly acquired knowledge into a career action plan. This project will allow you to create specific goals and time lines which you will carry out after completion of the course.

Build your skills and résumé
Develop your résumé and cover letter and receive valuable feedback from your instructor. Begin developing an electronic portfolio to document academic and career experiences. Also, attend the Health Careers Fair to explore health fields and practice your networking skills.

Explore academic majors, health professions and earn a credit
All students will spend time exploring career options and planning for their future. Why not earn a credit while you explore? AHS 1102 allows you to explore health careers while earning course credit.

Register to insure your spot!
Don’t miss this opportunity to solidify your health career decision.

For more information contact:
Mera Kachgal, Ph.D., course instructor, at kach0016@umn.edu
May is:

**Lyme Disease Awareness Month**
www.lyme.org

**National Sight-Saving Month**
www.preventblindness.org

**National Neurofibromatosis Month**
www.ctf.org

**National Osteoporosis Month**
www.nof.org

**National Trauma Awareness Month**
www.amtrauma.org

**Asthma and Allergy Month**
www.aafa.org

**Better Hearing and Speech Month**
www.asha.org

**Mental Health Month**
www.nmha.org

**Tuberous Sclerosis Month**
www.tsalliance.org

**Hepatitis Awareness Month**
www.hepfi.org

**May 1-7 is Brain Tumor Action Week**
www.nabraintumor.org

**May 1-7 is Cover the Uninsured**
www.CoverTheUninsuredWeek.org

**May 1 is Melanoma Monday**
www.aad.org

**May 7-13 is National Mental Health Counseling Week**
www.amhca.org

**May 13 is Cornelia de Lange Syndrome (CdLS) Awareness Day**
www.cdlsusa.org

**May 14-20 is National Emergency Medical Services Week**
www.acep.org/emsweek

**May 14-20 is National Alcohol & Other Drug-Related Birth Defects Week**
www.ncadd.org

**May 14-20 is Women’s Health Week**
www.womenshealth.gov

**May 15-21 is Tinnitus Awareness Week**
www.ata.org

**May 15-19 is Bike to Work Week**
www.biketoworkweek.com

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**High School Student Summer Event:**
**Health Career Investigators (HCI)**

The Health Careers Investigator program is a fun two-day experiential program at the University of Minnesota for high school students entering grades 9, 10, & 11.

Accepted students will come onto campus and experience the world of a health professional participating in hands on activities exploring dentistry, nursing and other professions.

- Watch a Live surgery via video conference and ask the surgeon questions during the operation.
- Learn how Nurses treat “Sim-Man” Make life saving treatment decisions as you tend to “Sim Man” the robotic patient.
- Practice your surgical skills and test your precision and dexterity while using cutting edge surgical robotics and technology.
- Learn about Dentistry and how to fill cavities
- See how Veterinarians impact the health of animals as well as humans.
- Learn how Public Health Workers are preparing to respond to the next disaster
- Meet current students and health professionals to have your questions answered, explore their day-to-day lives and hear what they love about their jobs.

High school students may apply to attend one of the sessions on June 20&21 or July 11&12 or July 25&26.

There is a minimal $25.00 cost that covers the two-day experience. Sessions fill quickly so early registration is suggested!

For more information contact Scott Simpson at 612-624-6767 or visit the HCI webpage at:
www.healthcareers.umn.edu/hcc/aboutus/highschool/HCI_2006.html