Clinic Programs

The clinic provides comprehensive medical, dental and mental health care for children and adults. The clinic also provides in-clinic programs targeted to specific groups of patients as well as specialized outreach programs for patients in collaboration with other community agencies.

On-site programs

- **Culturally Specific Mental Health Rehabilitative Services** for Laotians, Hmong, Vietnamese, Cambodians, Somalis and Latinos who have a diagnosis of serious and persistent mental illness. Clients meet once a week for three hours to learn independent living skills, discuss mental health symptoms and participate in activities that include crafts, food preparation and connect clients to other needed community resources.

- **Culturally Specific Diabetes Program** Facilitated by an interdisciplinary health team, patient education groups are available in six languages to support the effective management of diabetes. Activities include dietary information, information about how to monitor diabetes, and general care for diabetes related medical problems.

- **Comprehensive Prenatal Programs** Case management services provided by a nurse serve to improve access to prenatal care, improve the attendance of prenatal visits, promote good dietary habits during pregnancy, and reduce infant mortality among mothers at high risk for poor birth outcomes.

- **Family Planning Program** Family planning services and education designed for the clinic’s patients who are at-risk for pregnancy or sexually transmitted diseases. A weekly teen clinic is available for adolescents and young adults.

- **New Americans Family Support and Mental Health Program** This program provides culturally congruent mental health and family support services to New Americans in six languages.

- **Pediatric Dental Initiative** A screening and evaluation of dental-risk status for the child and dental education for the parents are integrated into the child’s routine Well-Child medical visit.
Reach Out and Read Program: Volunteers read to young children in the clinic’s waiting room to encourage literacy. The children choose high quality, developmentally appropriate books to bring home with them after their medical appointments.

Sexual Assault Program for East African Women: Culturally appropriate advocacy services for East African immigrants and refugees who have experienced rape or assault in the United States or in their homelands during civil war.

Southeast Asian Child Abuse Advocacy Program: Specialized advocacy services to Southeast Asian abused children and their families include counseling, therapy, advocacy, information and referrals, and assessments.

Somali Mental Health Program: Somali providers offer culturally specific case management for Somali adults with serious mental illness who do not qualify under state statute for case management services.

Outreach programs

Battered Women Program: Advocacy services to refugee and immigrant women who are victims of domestic abuse.

Family Planning Program: Family planning outreach and education to the Phillips and other high-risk communities.

Expanding the Safety Net: Mental health providers partner with Fremont Community Health Services, Cedar/Riverside People’s Center and Southside Community Health Services in Minneapolis to serve uninsured or underinsured patients.

Outreach clinics

Phillips Neighborhood Clinic (PNC): is a student-run collaboration between CUHCC, the Academic Health Center, and Oliver Church. It provides access to low cost health care to unstably housed and underinsured individuals through a weekly clinic at an off-site location. Volunteer professionals and students from the schools of medicine, nursing, pharmacy, social work, public health, and physical therapy provide these services.

Anishinabe Wakiagun: A bi-weekly clinic for residents of Anishinabe Wakiagun, a residential facility for people with chronic alcohol dependency.

Portable Dental Project: Utilizing portable equipment at Centro de Salud, Latino staff from CUHCC’s Dental Area offer culturally-congruent preventive and restorative dental care to Latino patients.