Statement of Need

Primary care physicians often require assistance in order to sort out the nature of chronic pain, and to help improve quality of life of pain patients. Frequently primary physicians are unaware of treatment options for the management of chronic pain and are uncomfortable with maintaining chronic pain patients on opioids. Special emphasis will focus on opioid management, interventional pain management, complementary treatment, and when to consult the pain management specialist.

Learning objectives:

As a result of attending the course, the participant should be able to:
- Identify appropriate treatment strategies for the management of chronic pain.
- Assess chronic pain patients and provide timely consultation of pain service.
- Recognize which patients are candidates for consideration of invasive pain management therapies.
- Identify patients who are appropriate candidates for long-term opioid management.
- Differentiate the role of alternative medicine in the management of chronic pain problems.

Disclosure

The Duke University School of Medicine adheres to ACCME Essential Areas, Standards, and Policies regarding industry support of continuing medical education. Disclosure of planning committee and faculty commercial relationships will be made known. Speakers are required to openly disclose any limitations of data and/or any discussion of any off-label, experimental, or investigational uses of drugs or devices in their presentations.

Resolution of Conflicts of Interest

In accordance with the ACCME Standards for Commercial Support of CME, the Duke University School of Medicine will implement mechanisms, prior to the planning and implementation of this CME activity, to identify and resolve conflicts of interest for all individuals in a position to control content of this CME activity.

Disclaimer

The information provided at this CME activity is for continuing education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient’s medical condition.

Accreditation

The Duke University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation

The Duke University School of Medicine designates this educational activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP Credit

This activity has been reviewed and is acceptable for up to 4.25 Prescribed and 1.75 Elective credits by the American Academy of Family Physicians.
Meeting Format

8:50 – 9:05 am  Registration
9:05 - 9:10 am  Welcome
9:10 - 9:50 am  Comprehensive Interventional
Therapeutic Strategies for
Low Back Pain
Speaker: Winston Parris, MD
9:50 – 10:20 am  Updates on Fibromyalgia
Speaker: Anne Marie Fras, MD
10:20 – 10:30 am  Break
10:30 – 11:00 am  Updates on Narcotic Medications
Speaker: Anne Marie Fras, MD
11:00 – 11:30 am  Proper Safeguards: The Key to
Regulation of Chronic Pain Prescribing
Speaker: Todd Brosius, JD
NCMB NC State Board
11:30 – 12:00 pm  Methadone for Chronic Pain
Management - Pro’s and Con’s
Speaker: Billy Huh, MD, PhD
12:00 – 1:00 pm  Working Lunch with Q. and A
1:00 – 1:30 pm  Religion, Spirituality and Coping
with Chronic Pain
Speaker: Harold Koenig, MD
1:30 – 2:00 pm  Mind-Body Therapies for
Coping with Pain
Speaker: Jeffrey Greeson, PhD
2:00 – 2:15 pm  Break
2:15 – 2:45 pm  Acupuncture for Musculoskeletal Pain:
An Evidence Based Approach
Speaker: Jongbae Park, KMD, PhD.
2:45 – 3:30 pm  A New Alternative Technique in
Clinical Pain Management:
Collateral Meridian Therapy
Speaker: Chih-Shung Wong, MD, PhD,
Chun-Chang Yeh, MD
Tri Service General Hospital
Taipei, Taiwan
3:30 – 4:00 pm  Q & A
4:00 pm  Adjourned

Duke Faculty

Sabina Lee, MD
Activity Medical Director
Assistant Professor
General Internal Medicine

Billy K. Huh, MD, PhD.
Activity Co-Director
Associate Professor
Department of Anesthesiology
Pain and Palliative Care Clinic

Winston C. V. Parris, MD
Professor of Anesthesiology
Division Chief for Pain Management

Anne Marie Fras, MD
Assistant Clinical Professor of Anesthesiology

Jeffrey M. Greeson, PhD
Duke Integrative Medicine

Harold Koenig, MD
Professor, Psychiatry & Behavioral Sciences
Associate Professor, Medicine

Visiting Faculty

Jongbae Park, KMD, PhD.
University North Carolina

Todd Brosius, JD
NCMB, NC State Board

Chih-Shung Wong, MD, PhD
Tri Service General Hospital
Taipei, Taiwan

Chun-Chang Yeh, MD
Tri Service General Hospital
Taipei, Taiwan

Registration:
The Symposium fee includes access to the scientific presentations,
continental breakfast, breaks and lunch at the Department of
Integrative Medicine. Registration cancellations received on or
before October 20, 2008 will be refunded in the full amount.
Cancellations after this date cannot be refunded. All cancellation
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